

Behavioral Health

Description

Clinical guidelines on several topics related to behavioral health. UnitedHealthcare uses evidence-based clinical guidelines from nationally recognized sources during review of our quality and health management programs. Recommendations contained in clinical practice guidelines are not a guarantee of coverage. Members should consult their member-specific benefit plan document for information regarding covered benefits.

To Review Guidelines

Guideline Title(s)	Source(s)/Location(s)
<p>American Academy of Child & Adolescent Psychiatry (AACAP)</p> <ul style="list-style-type: none"> Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020) Assessment and Treatment of Children and Adolescents With Major and Persistent Depressive Disorders (2022) Autism (2014) Child and Adolescent Behavioral Health Care in Community Systems of Care (2022) Collaborative Mental Health Care for Children and Adolescents in Pediatric Primary Care (2022) Eating Disorders (2015) Principles of Care for Treatment of Children and Adolescents with Mental Illnesses in Residential Treatment Centers (2010) Reactive Attachment Disorders (2016) Telepsychiatry with Children and Adolescents (2017) 	<p>https://www.providerexpress.com/content/opeprovexpr/us/en/clinical-resources/guidelines-policies/cpg.html</p>
<p>American Academy of Family Physicians (AAFP)</p> <ul style="list-style-type: none"> Initial Evaluation, Diagnosis and Treatment of Anorexia Nervosa and Bulimia Nervosa (2015) 	
<p>American Academy of Pediatrics (AAP)</p> <ul style="list-style-type: none"> Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019) Identification, Evaluation, and Management of Children with Autism Spectrum Disorder (2020) Identification and Management of Eating Disorders in Children and Adolescents (2021) 	
<p>American Psychiatric Association (APA)</p> <ul style="list-style-type: none"> Pharmacological Treatment of Patients with Alcohol Use Disorder (2018) Psychiatric Evaluation of Adults (2015) Treatment of Patients with Schizophrenia (2021) Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016) 	

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<p>American Psychological Association (APA)</p> <ul style="list-style-type: none"> ● Evaluation of Dementia and Age-Related Cognitive Change (2021) ● Psychological Assessment and Evaluation (2020) ● Treatment of Depression Across Three Age Cohorts (2019) ● Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017) 	<p>https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/cpg.html</p>
<p>American Society of Addiction Medicine (ASAM)</p> <ul style="list-style-type: none"> ● Alcohol Withdrawal Management (2020) ● Treatment of Opioid Use Disorder (2020) 	
<p>Substance Abuse and Mental Health Services Administration (SAMHSA)</p> <ul style="list-style-type: none"> ● Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (2019) ● National Guidelines for Behavioral Health Crisis Care Toolkit (2020) ● Prevention and Treatment of Anxiety, Depression and Suicidal Thoughts and Behaviors Among College Students (2021) ● Psychosocial Interventions for Older Adults with Serious Mental Illness (2021) ● Treatment for Suicidal Ideation, Self-Harm and Suicide Attempts Among Youth (2020) ● Treatment Improvement Protocol 63: Medications for Opioid Use Disorder (2020 Update) 	
<p>U.S. Department of Veterans Affairs</p> <ul style="list-style-type: none"> ● Assessment and Management of Patients at Risk for Suicide (2019) ● Major Depressive Disorder (2022) ● Posttraumatic Stress Disorder (2017) ● Substance Use Disorder (2021) 	
<p>World Federation of Societies of Biological Psychiatry (WFSBP)</p> <ul style="list-style-type: none"> ● Pharmacological Treatment of Eating Disorders (2011) 	
<p>Louisiana Medicaid</p>	
<p>American Academy of Child and Adolescent Psychiatry (AACAP)</p> <ul style="list-style-type: none"> ● Assessment and Treatment of Children and Adolescents With Bipolar Disorder (2007) ● Treatment of Oppositional Defiant Disorder (2007) 	<p>https://www.providerexpress.com/content/ope-provexpr/us/en/clinical-resources/guidelines-policies/cpg.html</p>
<p>American Psychiatric Association</p> <ul style="list-style-type: none"> ● Treatment of Patients With Bipolar Disorder, 2nd Edition (2002) ● Guideline Watch (2005) 	