

Statin Therapy for Patients With Diabetes (SPD)

New for 2023

Added

- A direct reference code, Z51.5, for an encounter for palliative care
- Frailty exclusion now requires 2 different dates of service during the measurement year

Updated

- Members who died during the measurement year is now a required exclusion
- Polycystic ovarian syndrome, gestational diabetes or steroid-induced diabetes are now required exclusions

Definition

Percentage of members ages 40–75 during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria:

- **Received statin therapy** – Members who were dispensed at least 1 statin medication of any intensity during the measurement year
- **Statin adherence 80%** – Members who remained on a statin medication of any intensity for at least 80% of the treatment period

Important note: The **treatment period** is defined as the earliest prescription dispensing date in the measurement year for any statin medication at any intensity through the last day of the measurement year.

Plan(s) Affected	Quality Program(s) Affected	Collection and Reporting Method
<ul style="list-style-type: none"> • Commercial • Medicaid • Medicare 	<ul style="list-style-type: none"> • NCQA Accreditation • NCQA Health Plan Ratings 	<p>Administrative</p> <ul style="list-style-type: none"> • Claim/Encounter Data • Pharmacy Data

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Medications

To comply with this measure, one of the following medications must have been dispensed:

Drug Category	Medications
High-intensity statin therapy	<ul style="list-style-type: none"> • Amlodipine-atorvastatin 40–80 mg* • Atorvastatin 40–80 mg • Ezetimibe-simvastatin 80 mg** • Rosuvastatin 20–40 mg • Simvastatin 80 mg
Moderate-intensity statin therapy	<ul style="list-style-type: none"> • Amlodipine-atorvastatin 10–20 mg* • Atorvastatin 10–20 mg • Ezetimibe-simvastatin 20–40 mg** • Fluvastatin 40–80 mg • Lovastatin 40 mg • Pitavastatin 1–4 mg • Pravastatin 40–80 mg • Rosuvastatin 5–10 mg • Simvastatin 20–40 mg
Low-intensity statin therapy	<ul style="list-style-type: none"> • Ezetimibe-simvastatin 10 mg** • Fluvastatin 20 mg • Lovastatin 10–20 mg • Pravastatin 10–20 mg • Simvastatin 5–10 mg

*The 10–80 mg is referring to atorvastatin strength.

**The 10–80 mg is referring to simvastatin strength.

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Required Exclusion(s)

Exclusion	Timeframe
<ul style="list-style-type: none"> Members in hospice or using hospice services Members who died Members receiving palliative care Myalgia, myositis, myopathy or rhabdomyolysis diagnosis Medicare members ages 66 and older as of Dec. 31 of the measurement year who are either: <ul style="list-style-type: none"> Enrolled in an Institutional Special Needs Plan (I-SNP) Living long term in an institution* 	<p>Any time during the measurement year</p>
<p>Members ages 66 and older as of Dec. 31 of the measurement year who had a at least 2 diagnoses of frailty on different dates of service and advanced illness.* Advanced illness is indicated by one of the following:</p> <ul style="list-style-type: none"> Two or more outpatient, observation, emergency room, telephone, e-visits, virtual check-ins or non-acute inpatient encounters or discharge(s) on separate dates of service with a diagnosis of advanced illness One or more acute inpatient encounter(s) with a diagnosis of advanced illness One or more acute inpatient discharge(s) with a diagnosis of advanced illness on the discharge claim Dispensed a dementia medication: Donepezil, Donepezil-memantine, galantamine, rivastigmine or memantine 	<p>Frailty diagnoses must be in the measurement year and on different dates of service</p> <p>Advanced illness diagnosis must be in the measurement year or year prior to the measurement year</p>
<ul style="list-style-type: none"> Cirrhosis: K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69, P78.81 Dispensed at least one prescription for clomiphene End Stage Renal Disease (ESDR): N18.5, N18.6, Z99.2 Dialysis Members with a diagnosis of pregnancy In vitro fertilization Members without a diagnosis of diabetes who had a diagnosis of polycystic ovarian syndrome, gestational diabetes or steroid-induced diabetes 	<p>Any time during the measurement year or the year prior to the measurement year</p>
<ul style="list-style-type: none"> Coronary artery bypass grafting (CABG) Myocardial infarction Other revascularization procedure Percutaneous coronary intervention (PCI) 	<p>Any time during the year prior to the measurement year</p>
<p>A diagnosis of ischemic vascular disease (IVD) via outpatient visit, telephone visit, e-visit or virtual check-in, acute inpatient encounter without telehealth modifier or acute inpatient discharge</p>	<p>Any time during the year prior to the measurement year and the measurement year (must be in both years)</p>

*Supplemental and medical record data may not be used for the frailty with advanced illness exclusion.

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Tips and Best Practices to Help Close This Care Opportunity:

- **Please check your Patient Care Opportunity Report (PCOR) often. Look in the Member Adherence tab** to find members with open care opportunities.
- Log on to Practice Assist to review members with open care opportunities.
 - Select Medication Adherence to view your patient list.
 - Members without a high- or moderate-intensity statin fill this year will be marked with a “Gap” under the SPD measure.
- **Consider prescribing a high- or moderate-intensity statin, as appropriate.** If you determine medication is appropriate, please send a prescription to the member’s preferred pharmacy.*
 - To address the SPD care opportunity, a member must use their insurance card to fill one of the statins or statin combinations in the strengths/doses listed in the “Medications” table on the previous page by the end of the measurement year.

*Member may use any pharmacy in the network, but may not receive preferred retail pharmacy pricing. Pharmacies in the Preferred Retail Pharmacy Network may not be available in all areas. Co-pays apply after deductible.