



## **11.17 PODIATRY REFERRAL GUIDELINES**

### **Contracted Group: Southwest Medical**

#### **For Appointments:**

**4750 W Oakey, Suite 1A  
Las Vegas, NV, 89102**

**Department Phone 702-877-8625 or 725-600-8640  
Appointments 702-877-5199  
Referral Issues 702-877-5240 or 702-877-8116**

#### **Doctor to Doctor Line for Expedited Referrals 702-877-8623**

- All referrals submitted to the Podiatry Department will be reviewed to determine priority and completeness. Referrals that do not include a specific diagnosis indicating the reason for intervention by a Podiatrist will be returned.
- All referrals must encompass areas below the Knee.
- Expedited referrals require a doctor-to-doctor call if anything other than a fracture, acute trauma or dislocation.
- Patients of any age will be seen in Podiatry.

#### **Fracture**

Any referral for a fracture requires an accompanying x-ray. If the written x-ray report clearly identifies a fracture, the patient will be scheduled as an "At Risk or Expedited appointment based on podiatrist review.

#### **Ingrown Toenail**

Please indicate if the toe is infected and if patient is diabetic.

#### **Trauma**

If trauma to the foot or ankle has broken the skin or caused a recent sprain of the ankle, this should be indicated within the referral. If the trauma involves a recent sprain but the location of the sprain is not specified, the referral will be sent back to referring provider for additional details. Toe sprains are almost always considered routine referrals.

#### **Ulceration/Infection**

The Podiatrists will review all referrals for ulceration and infection to make a determination on priority

**The following diagnoses are usually processed according to the priority level indicated here.**

#### **Expedited**

Current ankle or foot fracture  
Ankle Sprain  
Cellulitis

Charcot  
Osteomyelitis

**At Risk**

Avulsed Nail  
Blisters  
Foreign body  
Ingrown Toenail with infection and on antibiotics  
Sprain of mid foot or metatarsal

**Routine**

Achilles Tendonitis  
Arthritis 2<sup>nd</sup> to Previous Fracture  
Bone Spur  
Bunion  
Calcaneal Apophysitis  
Calluses/corns  
Cysts  
Dermatophytosis  
Flat foot  
Genu Valgum  
Gout  
Hallux Vallgus  
Hammertoe  
Heel Spur  
Neuroma  
Onychomycosis  
Pain in limb  
Diabetic Peripheral Neuropathy  
Pes Planus  
Plantar Fasciitis  
Plantar Warts  
Rash  
Tinea Pedis  
Toe Sprain